



### FIVE CORE SERVICES:

- Information/Referral
- Life Skills Training
- Advocacy
- Peer Support
- Transitioning

### MISSION:

To empower people with disabilities to live as full and productive members of society.

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Office Square  
109 Aid Avenue  
West Plains, MO 65775

### PHONE:

417-256-8714  
417-257-0038  
Voice/TDD Toll Free:  
1-888-440-7500

FAX: 417-257-2380

### FACEBOOK:

Ozark Independent  
Living

### WEBSITE:

[www.ozarkcil.com](http://www.ozarkcil.com)

### E-MAIL:

[info@ozarkcil.com](mailto:info@ozarkcil.com)

### OFFICE HOURS:

Mondays-Fridays  
8 a.m. to 4:30 p.m.

### Seventh Annual...

## Art Show Featuring Seniors and Artists with Disabilities

Winners have been announced in the Seventh Annual Ozark Independent Living Art Show Featuring Seniors and Artists with Disabilities which was recently on display for two weeks at the West Plains Civic Center.

In the Senior Division, age 65 and over, first place was awarded to Janice Daniels, Raymondville, for her painting of a bridge; second place was won by Jean Nielson, West Plains, for a still life painting; and third place went to Mtn. Grove resident Jeanette Dalton for her painting of a sailboat.

In the Adult Division, age 18 and over, first place was awarded to Mtn. View

resident Nicole Feller for her painting of clouds. Second place was also won by Feller in the photography division. Third place went to Rachel Frederickson, Cabool, for a small painting of trees and birds.

In the 17-and-under division, first place winner is Colton Anderson, Gainesville, for his painting of a wood duck. Anderson also won third place in his division with a pencil drawing of a bird. Second place is a painting of a lion by Isabella Farrar, West Plains.

*(Photos of more winning entries and story continued on page 5)*

Reid Grigsby, left, and West Plains R-7 School District art instructor Sonya Jones chose this painting of a bridge by Raymondville resident Janice Daniels as the first place winner in the Senior Division of the show.



### INSIDE HIGHLIGHTS:

**Scott Schneider:** Thanks for your service to OIL! (page 2)

**Adonis Brown:** MOSILC Executive Director visits OIL (page 4)

**Older Americans Month Activities:** (page 7)



## More from **MOORE**

*By Executive Director  
Cindy Moore*

I was looking at the September 2018 spot in our newsletter that I comment on. We were giddy from finally getting some rain! Oh how fickle the weather is around here. This spring will not soon be forgotten! Our office heard from the Jefferson City CIL and they are all fine. What a disaster; poor Jefferson City residents!

The legislative session has ended and everyone will soon find out how decisions have affected them. Every year is a challenge as to how best utilize the funding that is allotted to Centers. It can be tough but this office will make the best of whatever comes our way!

Can our office assist you in some way or do you have a friend/family member with a disability who needs some information? Our Independent Living Services Department, Consumer Directed Services Department, or transportation manager will attempt to help. Look for the striped canopy at 109 Aid Avenue!

Regards,  
Cindy



Scott Schneider and  
Cindy Moore

### **CURRENT OIL BOARD MEMBERS**

Jane Kramer – Chair  
Debbie Mayers – Vice Chair  
Marty Simpson – Secretary/Treasurer  
Eryn Walters – Ruth Hones – Corby Redburn

## **ACL: The Administration for Community Living**

*By Newsletter Editor Terry Hampton*

May was designated as Older Americans Month by the Administration for Community Living (ACL) which is part of the U.S. Department of Health and Human Services. It's a department that many have likely never heard of, but it offers resources and advocacy year-round.

The mission of ACL is: **Advancing independence, integration, and inclusion throughout life.**

ACL.gov says, "The Administration for Community Living was created around the fundamental principle that older adults and people of all ages with disabilities should be able to live where they choose, with the people they choose, and with the ability to participate fully in their communities. By funding services and supports provided by networks of community-based organizations, and with investments in research, education, and innovation, ACL helps make this principle a reality for millions of Americans."

*(See page 6 "Resources" for more details about information available from ACL and page 7 for a report on OIL activities in recognition of Older Americans Month.)*

Staying in our own homes and living as independently as possible for as long as possible is the goal for most of us. It is the mission of OIL to assist elders and individuals with disabilities to do exactly that.

Whether through promotion of our Five Core Services – Information and Referral, Life Skills Training, Advocacy, Peer Support, Transitioning – or through our Consumer Directed Services Department, OIL strives to be an active Center for Independent Living and Disability Resource Center for all residents of our seven-county region.

It was my pleasure to attend events at area senior centers during the month of May to meet with folks and visit about the services OIL offers. Beyond that, all of us here at OIL look forward to celebrating elders and sharing resource information all year long!

## **Thanks to OIL Board Member Scott Schneider**

THANK  
You!

Scott Schneider, Director of Business and Support Services at Missouri State University-West Plains, is just finishing up six years of service on the Ozark Independent Living Board of Directors.

We thank Scott for his time and appreciate his service to the community and to our organization!

# Staffer Spotlight

## TERRY HAMPTON

### Marketing/Independent Living Specialist

Terry has been at OIL since September 2015. She says, “I came to work for Ozark Independent Living from the *West Plains Daily Quill* where I had been a reporter, photographer and columnist. My main duties to start with at OIL were marketing and promotion. I arrived just as we were getting ready to celebrate our 20<sup>th</sup> anniversary in 2016.”

Most of that first year was devoted to organizing and publicizing the events to mark that milestone year, but since then Terry has been devoting more and more time to the Independent Living portion of her job, although she says there is overlap in working in two departments.

“One thing I focus on is TAP (Telecommunication Access Program) for Telephone. This is a program offered by Missouri Assistive Technology which enables us to get adaptive phone equipment for individuals who have difficulty communicating on standard phones,” Terry said. Qualified individuals can obtain free devices. “I love this service we offer. Those who especially benefit from TAP are older folks who have trouble hearing on the phone. Being able to get a phone with adjustable volume can make a really big difference in helping individuals stay independent.”

Appointments can be made to stop by the office for a phone demonstration, but Terry also travels throughout OIL’s seven counties demonstrating the equipment and signing people up for the phones. “When I go out to talk about TAP, I also discuss OIL’s other services, so it presents a good marketing opportunity,” she said.

She is also responsible for *The Pipeline* quarterly

newsletter – the writing, photography, interviews, layout, etc. – and for a monthly email version of the newsletter. She writes press releases and otherwise publicizes activities and maintains OIL’s Facebook page and website. She helps identify potential disability resources and distributes the information to OIL staff and to the community.

A native and life-long resident of rural West Plains, she graduated with the West Plains High School Class of 1979 and also attended Southwest Mo. State University-West Plains (now MSU-WP).

Terry has served on various boards and done volunteer work in the community through the years. She currently represents OIL on several organizations/committees, including Interagency Councils throughout OIL’s seven-county service area, the Howell County Long-Term Recovery Committee, West Plains and Mtn. View Chambers of Commerce, Region 8 Project Homeless Connect, Ozark Action partnerships, and the Focus on Babies Diaper Resource Center.

Terry previously worked in the Development Office at MSU-WP and for many years was active in community theater. She and her husband, Allen, have owned several businesses in West Plains.

“Allen and I enjoy the outdoors and spend a lot of our time working on our property, which is an ongoing, labor-intensive project! I like to garden, and after completing Master Gardeners training two years ago, I’ve been working more on landscaping and flower gardening which is one way I relax. We like to travel and see different parts of the country. We also love to spend time with our daughter, her husband and our two grandsons,” she says. “We always have a good time when we’re together whether it’s playing board games, taking road trips or sometimes just laughing at ourselves.”

Terry is a published author and says she likes to “write, read and learn new things every day.”

## POWER UP 2019

The “Power Up 2019 Assistive Technology Conference and Expo” was held recently in Columbia. Several OIL staff members attended and enjoyed the various workshops which covered issues related to assistive technology and other topics on accessibility, inclusion, and empowerment for those with disabilities and their advocates.



OIL STAFFERS AT POWER UP: Alice McClellan, Kathy Bauer, Terry Hampton, Marriya Cope and Jill Lawson.





## MOSILC Executive Director visits Ozark Independent Living

Missouri Statewide Independent Living Council (MOSILC) Executive Director Adonis Brown, at left above, and his wife, Clementine, who are based in Jefferson City, stopped by OIL recently on their swing through the southern part of the state, visiting Centers for Independent Living (CILs). At right in the photo is OIL Independent Living Services Manager Kathy Bauer.

By federal law (The Rehabilitation Act of 1973), each state is required to maintain a statewide independent living council (SILC). The Council and CILs within the state develop a State Plan for Independent Living (SPIL). The SPIL is a document required by law that indicates how the IL Network is going to improve independent living services for individuals with disabilities. It identifies the needs and priorities of consumers, providers, and other stakeholders and sets forth goals and objectives to respond to them.

Adonis has been Executive Director for the past year and half, moving to Missouri from North Carolina. He says he wants to "Make the SILC known as a leading voice in the Disability Community." His further goal is to unify all 22 centers for independent living in the state. "All have specialties, and I want them to be communicating, all on the same page and involved in the SILC."

*It was a pleasure meeting Adonis and Clementine. Thanks for all you do!*

**Vision:** MOSILC envisions a Missouri in which people with disabilities live safely in the environment of their choice, are valued equally, and participate fully.

## MOSILC COUNCIL MEMBERS SOUGHT

MOSILC Executive Director Adonis Brown says members are needed to serve on the statewide council. **"Someone who is a strong advocate and open-minded to all disabilities,"** he said.

From the mosilc.org website, here is additional information about serving on the council:

**Membership** – The council consists of a minimum of nine members and a maximum of 17 members. A minimum of 51 percent of the members must have significant disabilities. Members represent a range of geographical areas and disabilities. The governor of Missouri appoints the membership.

**Meetings** – The Statewide Independent Living Council meets quarterly (in February, May, August, and November) in Jefferson City and other locations around the state. Information on meetings, minutes, the SPIL, membership, etc., can be accessed on the SILC website or by calling the SILC. Meetings are open to the public and accommodations must be requested at least three days before a meeting.

Serving on the council is a volunteer position, but Adonis said that there is funding available to help council members with expenses associated with attending the meetings.

*For those who might be interested in serving on the council, more information can be obtained by calling 1-877-222-8963 (toll-free) or emailing [mo.silc@vr.dese.mo.gov](mailto:mo.silc@vr.dese.mo.gov).*

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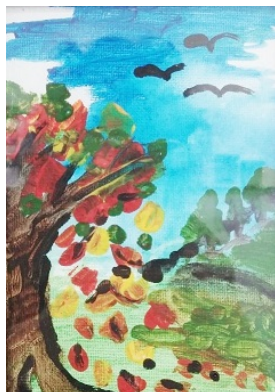




## Art Show *(continued from page 1)*

We congratulate the winning artists and thank everyone for their participation in this year's show. There were some really fabulous entries, and the judges had difficulty choosing winners.

Artists were allowed one entry in each of seven categories. All categories were judged together within each age division. Medals were awarded to the winners. See the Facebook event page "Art Show Featuring Seniors & Artists with Disabilities" for additional photos.



ADULT DIVISION: **Nicole Feller - First Place**, at left, and **Rachel Frederickson - Third Place**, center.

Above right are some of the entries in the Fiber category.



SENIOR DIVISION WINNERS above and right:

**Janice Daniels - First Place**, painting of bridge; **Jean Nielson - Second Place**, still life with grapes; and **Jeanette Dalton - Third Place**, a sailboat on the sea.



# Resources

OIL does not endorse websites or attest to the accuracy of information from other sources, but sometimes we find resources on topics of interest which we pass along for our readers' own investigation.

## Administration for Community Living (ACL) information resources



The [ACL.gov](http://ACL.gov) website provides links to many resources for elders and members of the Disability Community. Under the "Program Areas" tab, you'll find a wide variety of hundreds of topics. Following is a sampling:

- Aging and Disability Networks
- Connecting People to Services
- Consumer Choice and Control
- Health, Wellness, and Nutrition
- Protecting Rights/Preventing Abuse
- Retirement Planning/Pension Support
- Support for People with Alzheimer's Disease
- Support for People with Limb Loss, Paralysis, and TBI (Traumatic Brain Injury)
- Support to Caregivers

The "Aging & Disability in America" tab is packed with data and further reading materials.

**ACL was created around the fundamental principle that older adults and people of all ages with disabilities should be able to live where they choose, with the people they choose, and with the ability to participate fully in their communities.**

source: [acl.gov](http://acl.gov)

## What to do about possible identity theft when a loved one passes away

A study by risk-management firm ID Analytics found that nearly 800,000 deceased Americans' identities are used by fraudsters each year. This kind of ID theft has little financial consequence, says Eva Velasquez, head of the Identity Theft Resource Center, but contesting it can be time-consuming and emotionally draining.

When a family member dies, make sure their credit file is closed and cannot be misused. First, pull credit

reports to see what accounts are open. A social security number and other personal information will be required.

A copy of the death certificate will need to be sent to Experian, Equifax, and TransUnion. Contact them to find out acceptable format of the certificate, and ask them to amend their files so new credit can't be granted in the deceased person's name. Then contact each creditor cited on the reports to tell them that your loved one's account needs to be closed. Source: [Money.com](http://Money.com)

### In celebration of National Disability Employment Awareness Month in October

...the Governor's Council on Disability is sponsoring a poster contest to raise awareness about the importance of including individuals with disabilities in the workforce.

Paintings or drawings, no larger than 12" x 16" must be submitted by August 1. There is one division for artists with a disability who are ages 18 and over and a separate division for student artists with a disability in grades K-12.

For entry forms, go to [disability.mo.gov/gcd/PosterContest/](http://disability.mo.gov/gcd/PosterContest/)  
For additional questions, call 573-751-2600.

### Looking for work?

The 2020 Census Team is now accepting applications. Most jobs are part-time and pay \$12-14 per hour, plus 58 cents per mile. Info:

**APPLY ONLINE!**

[2020census.gov/jobs](http://2020census.gov/jobs)

**MERS Goodwill Senior Community Service** provides an Employment Program for those 55 and older who need help finding a job. Call 888-651-4177.

**The Dept. of Vocational Rehabilitation** offers assistance to those with disabilities seeking employment. Call 417-256-8294.

### OIL offers Five Core Services for individuals with disabilities:

- Information & Referral to assist individuals in making informed decisions
- Life Skills Training for self-sufficiency and empowerment
- Advocacy for Disability Community while encouraging self-advocacy
- Peer Support an opportunity for learning from others with disabilities
- Transitioning from a nursing home or from school into the community



## Events & items to note...

### Older Americans Month

Every day, all around us, older adults make a positive impact in our communities.

As employees, volunteers, mentors, and advocates, they are an integral part of America's social fabric. Their experience and insights enrich and strengthen our neighborhoods, workplaces, and families. That's why the Administration for Community Living (ACL) takes time each May to honor their valuable contributions and celebrate Older Americans Month (OAM). With the 2019 theme, **Connect, Create and Contribute**, ACL invited everyone to:

- **Connect** with friends, family, and services that support participation
- **Create** through activities that promote learning, health, and personal enrichment
- **Contribute** time, talent, and life experience to benefit others

People of all ages can celebrate older adults and help them thrive. May is over, but we encourage all to **Connect, Create, and Contribute** for stronger communities throughout the year!

From information provided by Assistant Secretary for Aging and ACL Administrator Lance Robertson.



For OIL, May was a time to **Connect, Create and Contribute** at many events!

At senior center events during April and May in Thayer, Alton, Mtn. Grove, Gainesville, Houston, Winona, Mtn. View, Cabool, Eminence and Ava and at Ozark Action in West Plains, OIL representatives discussed available services and **connected** with attendees by providing information, picking up artists' **creative** works for our Art Show and **contributing** door prizes to give away. Here are a few of the winners. Congratulations to all!



In April, Cindi Hughes (above) was the winner of an Easter-themed door prize at a "Meet and Greet" event at the Alton Sr. Center. Sandi Newell (right) was the Alton winner in May.



Diane Nece won at the Houston Sr. Center.



At the West Plains Older Americans Month event, co-hosted by the West Plains Sr. Center, Ozark Action and the Howell County Health Department, Glenda Watson, above left, won an OIL door prize.



Doris Stines, above right, was the winner in Mountain View.



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**If you or someone you know would like to know more about Consumer Directed Services or any of the other services offered by OIL, please give us a call or clip this form and drop in the mail to: OIL, 109 Aid Avenue, West Plains, MO 65775.**

**Check any or all that apply:**

- ☐ Add to the Pipeline newsletter mailing list OR ☐ Remove from list  
☐ Contact for more information about Consumer Directed Services  
☐ Contact for more information about Independent Living Services

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## CALL FOR RECIPES

The Old-Time Music, Ozark Heritage Festival Committee is compiling a cookbook inspired by family recipes of those who live in the Ozarks as well as the recipes that have been demonstrated at the cooking stage in previous years (i.e. squirrel pot pie). They are collecting recipes from local residents and businesses along with a brief explanation about the recipe, memories and traditions that these recipes evoke. Pictures are also welcome.

The target date for the cookbook to be available will be at next year's festival.

For guidelines about submitting recipes, email:

**OZARKRECIPES@GMAIL.COM**